shareQ
innovating for impact

Impact Report 2025

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Executive Director and Co-founder

shareQ is built on two pillars:

- We believe in the people we support, empowering persons with disabilities and financial challenges to live with dignity rather than simply providing aid.
- We use innovation to scale impact across disability inclusion, education, advocacy, and livelihoods.

Why We **Exist**

shareQ NGO is a Lebanese non-governmental organization

launched in 2012 and registered under the number 1206/2012. We believe that every person has the right to be productive and have a decent job, regardless of any physical or financial challenge they may face. In carrying out its mission, shareQ aims to launch social enterprises and programs that offer innovative products and services. Now more than ever, through its units ProAbled and ProAbled Social Kitchen, shareQ NGO continues to take part in improving the quality of life of vulnerable persons and persons with disabilities.

ProAbled's Highlights

69

Persons with disabilities or with financial challenges trained

1724 since 2012

4

Employed candidates with disabilities or with financial challenges

888 since 2012

91

Career guidance & coaching

7

Interns with disabilities placed in jobs

191

HRs trained on disability inclusion

1367 since 2012

HR

28

Companies trained on disability inclusion

352 since 2012

403

University and school students trained on disability inclusion & inclusive construction

575 since 2012

10

School staff trained on disability inclusion

PA Social Kitchen Highlights

200,607 | **Vacuum-packed meals produced and delivered**

Total of 874,642 vacuum-packed meals since 2012

26 | **IDP centers, orphanages, and elderly care homes covered**

14,809 | **Persons fed**

shareQ Family

ProAbled

ProAbled is a livelihood and education unit that aims to normalize a culture of disability inclusion by providing education, training, coaching, and consultancy, while helping companies recruit suitable candidates with disabilities or people facing financial challenges.

ProAbled Social Kitchen

ProAbled Social Kitchen, formerly M Social Catering, is ISO 22000 certified and specializes in preparing and distributing vacuum-packed meals to vulnerable communities, schools, elderly care centers, and NGOs. In 2025, it prepared and delivered 200,607 meals, bringing the cumulative total to 874,642, with the aim of reaching **one million meals** in 2026.

Programs

Economic Empowerment for Persons with Disabilities

Supported by IRC & World Bank

Through the Economic Empowerment for Persons with Disabilities project, shareQ strengthened the skills, confidence, and economic independence of 42 persons with disabilities in Beirut and Mount Lebanon. The project supported participants through two tracks:

Employment:

Market-based training for the food industry, career guidance, and apprenticeships to help persons with disabilities access job opportunities.

Entrepreneurship:

In-depth technical support and grants support for entrepreneurs with disabilities; helping them further develop their startups.

TESTIMONIAL

I really liked the training. The team cared about us and helped us a lot. The trainer made us think from a different perspective. I now have new ideas and feel more confident about my business. I also began to work toward my goals and learned how to reach the right audience for my business.

M. Hatoum | Visual Impairment

★★★★★

Programs

UNITE project

Through the Unleash Normalized Inclusion in Technical Education (UNITE) project, funded by Agence Française de Développement (AFD), shareQ works to promote disability inclusion within technical and vocational education in Lebanon.
The project aims to create a more inclusive TVET environment by:

- Raising awareness among students and staff
- Developing tailored disability inclusion courses
- Improving accessibility in selected institutions
- Supporting youth with disabilities through coaching and career guidance
- Supporting youth with disabilities through scholarships

In 2025, shareQ launched the program at two events held at CIS College and CNAM Lebanon, while also conducting multiple building accessibility consultations to assess and support more inclusive learning environments.

France
AFD
unite
shareQ
PRABLED
Your Inclusion Partner
PLEINSPORT
Champion

BlackLight, **Dine in the Dark**

is an experiential advocacy initiative inspired by shareQ NGO that promotes and advocates for disability inclusion through immersive dining experiences. BlackLight opened its first branch in partnership with shareQ NGO.

Black Light allows participants to experience dining from the perspective of a person with a visual impairment, creating a powerful space for awareness, empathy, and dialogue.

The story was inspired by a blind chef, Salma Raffoul and the menu and concept were designed and implemented in an inclusive manner, combining both people with and without disabilities.

With its website now live, BlackLight can now host private dinners for companies and paid dinners for clients.

Programs

Testimonials

TESTIMONIAL

I joined a unique and inclusive dinner by ProAbled with inspiring guests from Lebanon's entrepreneurship ecosystem. I witnessed inclusion in action through a warm, professional team and exceptional catering by a talented blind chef. This experience highlighted the power of our senses and the importance of enabling ecosystems for people with special needs. Grateful to ProAbled for this impactful experience, and I look forward to supporting their mission.

Krystel Khalil | Berytech

★★★★★

TESTIMONIAL

What a wonderful evening we had!
Thank you for this incredible experience; one that was deeply moving and beyond words. It touched my heart in ways I can't fully express.
I'd love to explore how we can build on this, from raising awareness to engaging faculty and staff, and even integrating it into classes.

Nancy Saliba | USEK

★★★★★

Programs

The First 45-Hour University Course on Disability Inclusion

ACHIEVEMENT

A Milestone for Inclusive Education

In collaboration with Notre Dame University (NDU), ProAbled created and delivered the first 45-hour, three-credit university course on disability inclusion for students in the Faculty of Humanities.

45
Hours

3
Credits

1st
Course

The course introduced students to key concepts, practices, and perspectives related to disability inclusion, strengthening awareness and preparing future professionals to promote more inclusive academic, social, and workplace environments.

Together,
We Create Impact

Behind every opportunity created, every person supported, and every barrier removed, there is a community that believes in change.

Your support helps shareQ continue empowering vulnerable communities and persons with disabilities through inclusive education, employment, food security, and dignity-based support.

Help us create the next story of impact:

Donate here

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